



**LOUISIANA UNITED METHODIST CHILDREN & FAMILY SERVICES, INC.
STATISTICAL REPORT OF SERVICES FOR 2010**

REFERRAL STATISTICS

During 2010, Louisiana United Methodist Children & Family Services, Inc. (LUMCFS) received a total of 718 referrals for placement in our residential programs. Of these children referred for placement, 234 were referred by the Office of Juvenile Justice, 312 were referred by the Department of Children and Family Services for the Ruston campus and 42 were referred by the Department of Children and Family Services Services for the Mandeville campus. 78 were referred privately. 52 youth were referred by police or sheriff's offices.

During 2010, LUMCFS served a total of 235 individual youth in our residential programs. 198 youth resided on our Ruston campus and 37 resided on our Mandeville campus. The average length of stay was 184.46 days, determined by dividing the days of care provided by the number of individuals served.

RESIDENTIAL SERVICES

Our programs of residential care during 2010 included Alternate Care (AC), Emergency Shelter Care (ESC), Changing Attitudes & Behaviors (CAB) Program, Residential Care (RC), Child Specific/WINGS Residential (CS) , and Transitional Living (TL). These programs were licensed as three distinct levels of care; CAB is Residential Specialized, WINGS Child Specific is High Plus, RC, ESC, and AC are all licensed as High/Moderate, and TL is licensed as Transitional Living/Supervised.

The days of care provided by custody for the individual programs of care are provided in the chart below. The total potential days of care during the year were 47,936. Of these potential 47,936 days of residential care, we provided 43,350 actual days of care, operating at 90.433% of potential capacity. The 43,350 actual days of care provided in 2010 represents a decrease of 1.96% compared to the year 2009 when we provided 44,220 actual days of care. Significant to note that on September 1, 2010, MHGNO population was reduced from 20 bed capacity to 18 bed capacity. This reduction of bed space is reflected in the reduction of potential days (capacity) for 2010 and in the actual days of care provided from September 1, 2010 to December 31, 2010.

Programs (Level of Care)	Custody					Total Days by Program
	AC	OJJ	DCFS	Private	DHH	
Alternate Care (Controlled/High)	544	0	0	0	0	544
Emergency Shelter Care (Controlled/High)	0	0	2,267	16	0	2,283
Changing Aggressive Behaviors (Specialized)	0	0	10,860	0	0	10,860
Residential Care (High)	0	6,489	12,877	799	0	20,165
Child Specific/WINGS (High Plus)	0	0	2,128	0	0	2,128
Supervised Apartments (Transitional Living)	0	0	1,363	0	0	1,363
Residential Care (High) - MHGNO	0	0	5,713	0	294	6,007
Total by Custody	544	6,489	35,208	815	294	43,350

Relationship of Actual Days of Care Provided to Potential Days and Actual Days in Previous Year

Actual Days 2009	Residential/Transitional Program (Level of Care)	Potential Days (Capacity)	Actual Days 2010	Percentage of Capacity	Percentage Over 2009
1,202	Alternate Care (High)	1,095	544	49.68%	-54.74%
2,654	Emergency Shelter Care (High)	3,285	2,283	69.49%	-13.97%
10,802	Changing Aggressive Behaviors (Specialized)	10,950	10,860	99.17%	0.53%
19,929	Residential Care (High)	21,170	20,165	95.25%	-4.74%
2,111	Child Specific / WINGS (High Plus)	2,190	2,128	97.16%	0.80%
1,591	Supervised Apartments (Transitional Living)	2,190	1,363	62.23%	-14.00%
5,819	Residential Care (High) MHGNO	7,056	5,713	80.96%	-1.82%
112	Residential Care (High/DHH) MHGNO*	NA*	294	NA*	162.50%
44,220	Totals by Custody	47,936**	43,350	90.43%**	-1.96%

*Department of Health and Hospitals (DHH) is not a contractor of Residential Services. However, two beds are reserved for (DHH) on our MHGNO campus on an as needed basis. This is done in an effort to assist them with the facilitation of a less restrictive placement option for a selected few of their adolescent clients. Thus, the statistics as they pertain to that section are indicative of the program only being used on an as needed basis. **All totals and percentages (total potential days and total percentage of capacity) do not include DHH aggregations.



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Days of Residential Care Provided by Contract/Bed Distribution

Residential Services Contracts	Contractual Days of Care	Actual Days of Care	Number Over Contract	Percentage of Contracted Capacity	Percentage Over Contract
DCFS - Emergency Shelter Care	2,190	2,267	77	103.00%	3.51%
AC - Emergency Shelter Care	1,095	544	-551	49.68%	-50.31%
DCFS - Changing Aggressive Behaviors	10,950	10,860	-90	99.17%	-0.82%
DCFS - Child Specific	2,190	2,128	-62	97.16%	-2.83%
DCFS - Residential Care	13,140	12,877	-263	97.99%	-2.00%
OJJ - Residential	6,570	6,489	-81	98.76%	-1.23%
PRI - Residential/Emergency Shelter Care	1,460	815	-645	55.82%	-44.17%
DCFS - Supervised Apartments (Transitional Living)	2,190	1,363	-827	62.23%	-37.76%
DHH - Residential Care MHGNO	NA	294	NA	NA%	NA%
DCFS - Residential Care MHGNO	7,056	5,713	-1,343	80.96%	-19.03%
Total	46,841	43,350	-3,491	92.51%	-7.45%

Statistics related to the custody, race and gender of our residents are provided below:

Individuals By Race, Gender And Custody

Custody	Black			White			Other			TOTAL		
	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female
AC	11	5	6	7	4	3	0	0	0	18	9	9
OJJ	35	16	19	11	7	4	0	0	0	46	23	23
DCFS	103	50	53	55	32	23	5	2	3	163	84	79
PRI	0	0	0	7	6	1	0	0	0	7	6	1
DHH	0	0	0	1	1	0	0	0	0	1	1	0
TOTALS	149	71	78	81	50	31	5	2	3	235	123	112

Custody by Race

Race	AC	OJJ	DHH	DCFS	PRI
Black	61.11%	76.09%	0.00%	63.19%	0.00%
White	38.89%	23.91%	100.00%	33.74%	100.00%
Other	0.00%	0.00%	0.00%	3.07%	0.00%
TOTALS	100.00%	100.00%	100.00%	100.00%	100.00%

State by Race

Race	State (DHH, DCFS, OJJ)
Black	65.71%
White	31.91%
Other	2.38%
TOTALS	100.00%

Racial Distribution

Race	Percentiles
Black	63.40%
White	34.47%
Other	2.13%
TOTAL	100.00%



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ADMISSIONS, DISCHARGES, AND LENGTH OF STAY STATISTICS

Statistics related to the admission and discharge of youth from the different levels of care are presented in the chart below. For purposes of utilization review, these statistics also provide information regarding length of stay by custody and level of care for the reported year. It is important to note that the statistics are a representation of the reported year of 2010. Length of stay was determined by dividing the number of days of care provided by the number of clients served only for the year of 2010.

Residential Program	Custody	Continued from 2009	Admitted In 2010	Discharged In 2010	Continued to 2011	Participants	Days Of Care	Average LOS (days)
CAB	DCFS	29	14	14	29	43	10,860	252.55
CS	DCFS	5	6	6	5	11	2,128	193.44
AC	AC	2	16	16	2	18	544	30.22
SA/TL	DCFS	4	9	9	4	13	1,363	104.84
ESC	DCFS	8	29	31	6	37	2,267	61.27
	PRI	0	1	0	1	1	16	16.00
	TOTAL	8	30	31	7	38	2,283	60.07
RGC	OJJ	17	32	34	15	49	6,489	132.42
	DCFS	37	39	42	34	76	12,877	169.43
	DCFS (MHGNO)	12	24	20	16	36	5,713	158.69
	DHH (MHGNO)	1	0	1	0	1	294	294.00
	PRI	1	5	3	3	6	799	133.16
	TOTAL	68	100	100	68	168	26,172	155.78
GRAND TOTALS		116	175	176	115	291	43,350	148.96

RESIDENTIAL LENGTH OF STAY STATISTICS

Statistics related to the total length of stay for all discharged youth during 2010 is represented in the chart below. This statistic is calculated from day of admit to day of discharge.

Length of Stay (LOS)

Average of LOS for all discharges during the statistical report of service period of 2010: Days (565.65) Shortest LOS: Day(s) (1) / Longest LOS: Days (1,702)

Number of Discharges by Length of Stay during 2010 (Statistics do not include MHGNO)

Length of Stay (Days)	Custody					Length of Stay Totals & Percent
	AC	OJJ	DCFS	DHH	Private	
1 – 90 DAYS (1 – 3 MONTHS)	18	3	15	0	1	37 / 29.83%
91 – 180 DAYS (3 – 6 MONTHS)	0	27	6	0	0	33 / 26.61%
181 – 365 DAYS (6 – 12 MONTHS)	0	6	18	0	1	25 / 20.16%
366 – 546 (12 – 18 MONTHS)	0	0	9	0	0	9 / 7.26%
547 – 730 (18 – 24 MONTHS)	0	0	7	0	0	7 / 5.65%
731 – 1,096 (24 – 36 MONTHS)	0	0	7	0	0	7 / 5.65%
1,096 - (36 + MONTHS)	0	0	6	0	0	6 / 4.84%
TOTAL NUMBER OF DISCHARGES	18	36	68	0	2	124/100.00%



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INDEPENDENT LIVING/TRANSITIONAL LIVING PROGRAM

During 2010, 371 structured classes and seminars were presented to 14-18 year olds. This is a decrease of 18% from the 451 structured classes and seminars taught in 2009. A total of 522 individual youth received services from the Independent Living Program. This is an increase of 36% from the 384 individual youth who received services from the Independent Living Program in 2009. Children in the care of our agency, in the care of other child care agencies and in foster care have attended classes in subjects such as apartment hunting, check writing, banking, nutrition and many other subjects related to living independently. Our staff provides services to a catchment area which covers all of northeast Louisiana; from Lincoln Parish to the Mississippi River.

Each participant in the Independent Living Program receives a pre-test and post-test for independent living skills assessment. During 2010 the average score on pre-tests was 52% with the average on post-tests being 84% for a pre-test/post-test average percent of change of 38%.

FAMILY COUNSELING CENTER

During 2010, Family Counseling Center served a total of 3,258 individuals. This number includes outpatient counseling, Crime Victim's Assistance program services, residential counseling services, community outreach education and prevention services, and professional evaluation and referral services.

Statistics of Services and Programs Offered During 2009

Programs	Families	Individuals
Outpatient Counseling Services	240	385
Outpatient CVA Counseling Services	61	68
Outpatient Therapeutic Groups	233	265
Residential CVA Counseling Services	60	60
Residential Family Counseling Services	84	240
Residential Groups	13	13
Community Education and Prevention Services	1,789	2,227
TOTAL SERVED	2,480	3,258

Subcategory Types of Services & Groups Offered by the Family Counseling Center during 2010

Services	Groups
Individual Therapy	Anger Management (Court-Ordered)
Marital Therapy	Community Crisis Intervention (Cedar Creek School)
Trauma Counseling	CVA Adult Survivor Group for LMCH Residential Youth
Crime Victim's Program	CVA Adult Survivor Group for Outpatients
Play Therapy	Filial Parenting for Parents of Traumatized Children (Family Counseling Center and Trinity Methodist Church)
Group Counseling	CHADD Parent to Parent for Parents of Children with ADHD
Collaborative Divorce	Grandparents Raising Grandchildren
Community and Professional Trainings	Trans-parenting for Divorced Parents
Collaboration with Community Agencies and Churches	Preventative Education Program (Ruston Elementary School)



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Family Counseling Center served individuals and families in 15 parishes in Louisiana, Arkansas, and Mississippi. Approximately 2,000 counseling sessions were conducted at the Family Counseling Center in 2010. Residential services included counseling with residents from our Ruston campus and their families from across the state, house groups, grief groups, and Crime Victims Assistance groups. Outpatient services included individual and family counseling, therapeutic groups, educational groups, community crisis intervention, community referrals, and professional training.

Family Counseling Center offered a variety of crisis debriefing services to the students, teachers, and parents during a critical incident at Cedar Creek School. Through the Stimulus Crime Victims Assistance grant Family Counseling Center was able to provide in-service training to 174 Lincoln Parish elementary school teachers on mandated reporting and recognizing child abuse. Additionally 1,581 elementary children were presented a Safety Zone program teaching them about personal safety, how to recognize inappropriate behaviors, and how to get help. Family Counseling Center collaborated with Louisiana Association for Play Therapy in 2010 and presented a professional training "Integrating Play Therapy with Trauma Focused Cognitive Behavioral Therapy TF-CBT" with 60 in attendance.

In 2010 Family Counseling Center provided crisis intervention and educational services to approximately 641 teachers, students and families of Cedar Creek. Family Counseling Center partnered with Trinity United Methodist Church and with Calvary Baptist Church to provide specialized parent education trainings. Louisiana Tech offered an Advanced Play Therapy course in the fall of 2010 and utilized Family Counseling Center as the location for the class taking advantage of the training environment.

Family Counseling Center continues to strive to meet the needs of families in North Louisiana and to strengthen our specialties in children's services including play therapy, specialized parenting programs, trauma recovery including use of Eye Movement Desensitization Reprocessing EMDR, TF-CBT (Trauma Focused Cognitive Behavioral Therapy), and marriage issues including divorce recovery services for families and children.

HOWARD SCHOOL

During 2010, Howard Educational Center provided educational services to a total of 171 different youth. 170 of these youth were residents of Louisiana Methodist Children's Home and one youth was a nonresident student from Lincoln Parish School Board. Howard Educational Center served 131 different youth in regular Residential classes, a decrease of 0.76% compared to the previous year and 25 youth moved on to the Public School setting. 52 youth participated in short-term educational services. 12 youth participated in the Howard School GED program and 4 of these graduated after earning their GED yielding an average of 33.33%. 53 youth participated in the Howard Educational Career Education (Vocational Program) and of these students 4 / 7.5% obtained their National Certification in Carpentry and Construction, 8 / 15% obtained student licenses in barbering, 8 were employed by Lincoln Parish School Board during the Summer.

FAMILY PLUS PROGRAM

During the calendar year of 2010, the programs of the Family Plus department provided assistance to a total of 1,385 individuals and 496 families. Services we offered included such things as: intensive in-home counseling, out-patient counseling, assessments, referrals, aftercare, seminars and workshops.

Our regional Family Plus offices provided services to 415 families and 1,061 individuals. Baton Rouge Family Plus served 117 families and 357 individuals. Monroe Family Plus served 59 families and 116 individuals. In Pineville, Family Plus served 44 families and 122 individuals. Ruston Family Plus served 64 families and 159 individuals. In Shreveport, Family Plus served 64 families and 271 individuals.

The Multi Systemic Therapy (MST) in-home program in Shreveport and Monroe areas served a total of 81 families, representing 324 individuals. This marks our fourth complete year of providing this service. During 2010, 81% of our MST cases completed treatment, 90% of all cases show evidence of Improved Family Relations, and in 92% of

all cases the youth is demonstrating Success in Educational/Vocational Setting. Multi-Systemic Therapy is now funded by Medicaid in Louisiana.

During 2010 Family Plus began offering counseling services in Natchitoches, at an office located at First United Methodist Church of Natchitoches. Family Plus of Natchitoches provided services to 8 families, representing 36 individuals during 2010. We are very hopeful about expanding services in the Natchitoches area during 2011.

During 2010, Family Plus continued to offer Active Parenting classes and/or the Strengthening Families Program in all locations. Also, Family Plus staff assisted several private families in placing youth into our Residential Treatment Program on the Ruston



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campus. These private youth generally stay for a brief stabilization period. Family Plus will continue to seek innovative programming, which can help families thrive.

The demand for services remains great, and Family Plus continues to strive to meet the needs of families in Louisiana.

OUTDOOR WILDERNESS LEARNING CENTER (O.W.L)

The OWL was visited by over 10,000 individuals in 2010. We provided a variety of activities for our youth in care, as well as served the community with our campus and programs.

The Thomas Henning Family Lodge continues to be utilized by MCH youth's family members and staff from satellite offices. Our youth enjoy being able to stay with their families and take part in family therapy. Several guests have noted they particularly enjoyed the peaceful setting and the chance to "get away from it all."

The Henning Conference Center was visited by over 2,500 people last year. It was used for numerous LMCH functions, including MCH Thanksgiving dinner and staff Christmas luncheon, summer program speakers, 4H activities, and various trainings. It was also utilized by the community for events such as weddings, family reunions, workshops, and retreats.

With almost 2000 participants in 2010, the ropes course continues to be popular with groups of all ages and background. This year's outside groups included churches, athletic teams, school groups and business corporations. Many of these groups come back every year, and incorporate the ropes course into their events as an important teambuilding tool. The staff and youth from LMCH also took part in teambuilding events throughout the year.

Over 900 volunteers lent a hand at the OWL in 2010, coming from all over Louisiana and from as far away as Minnesota. As always, they came with a wide range of talents, as well as the most important asset for an OWL volunteer: the willingness to work! OWL volunteers cleared trails, worked in the greenhouse, painted and cleaned buildings, and worked on construction projects. We also have a wonderful core group of volunteers who come on a regular basis to make salsa and jelly.

The OWL Center 4H club had another active year, with regular club meetings and several special events. LMCH youth were able to learn about topics like fishing, wildlife, fashion, and cooking. Special events included the Fall Pumpkin Decorating Contest, 'Sex, Dating, and Relating' Conference, the Christmas Cookie Extravaganza, and the 4H End of the Year Banquet.

The equine program is still a favorite among LMCH youth, with most of the youth taking part in some way. Daily riding classes are offered throughout the OWL summer program, and weekly horsemanship classes and therapy groups are available during the school year. Equine assisted therapy has been a part of teambuilding events for youth and staff. Several outside groups, including the Lincoln Leadership class and LA Tech softball team have utilized the team building component of the equine program. OWL staff once again brought horses to Med Camps of LA during the summer camp months. LMCH youth volunteered to lead the horses and serve as side walkers. The equine facility also hosted a session for the LA Parks and Recreation Conference.

Summer program was a huge success, with youth participating in the high and low ropes course, maze activities, canoeing, swimming, mountain biking, horseback riding, and much more! There were also special speakers from the

Monroe zoo, Wildlife and Fisheries department, and the SPARTA Aquifer. The Mandeville home also visited the OWL for a first ever special camp session, staying at the bunkhouse for a fun filled long weekend.

One of the year's new programs has been a joint effort between Howard School and the OWL. These outdoor education classes incorporate some of the OWL's unique facilities, like the Arbor Walk, into science classes for LMCH youth. Once a week, students visit the OWL and take part in an outdoor educational curriculum designed by OWL staff. This opportunity gives educational components a much more 'hands on' feel, as youth can see, feel, and hear information they are learning about.

Four of the OWL staff received the Louisiana Master Gardener Certification, and then put those skills to use planting a vegetable garden with LMCH youth! Some things grew really well (squash), some not so well (eggplants), but the youth had a great time learning about soil preparation and planting techniques. We hope to expand upon the horticulture program as a focused learning area for our youth.

Last fall the OWL hosted Jake's Day, an annual event put on by the Wild Turkey Federation. Over 200 adults and youth, including youth from LMCH, took part in activities all over the OWL campus. Topics included archery, blind building, camouflage techniques, hunter safety, feed plots, animal tracks, and conservation.



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Outdoor Wilderness Learning Center (OWL) Utilization Statistics

Activity / Facility	2009	2010
Warren & Noella Frazier Pavilion/Sports Complex	5,357	4,737
J.T. & Edith Henning Conference Center	4,345	2,572
OWL Challenge Course/Ropes Course	2,069	1,855
Lonnie Benjamin & Nellie Peters Kilpatrick Bunk House	1,750	2,196
Louis B. Faulk Maze	1,399	1,291
Charles T. Beard Equine Center and Programs	1,382	1,163
4-H Activities and Projects	1,008	723
Fishing at OWL Ponds	966	837
Volunteer Programs and Activities	836	918
Boating at OWL Pond	450	526
Other Activities at OWL Center	388	382
Biking on OWL Trails	303	388
OWL Weekend Activities	266	361
J.T. & Edith Henning Family Lodge	258	733
OWL Hiking Trails	135	249
Karen A. Vining Arbor Walk (open to the public)	na	na